



FOR IMMEDIATE RELEASE
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CONTACT: Janey Smith
PHONE: 615-354-6454 (O)
205-542-4435 (C)
EMAIL: janey@s4af.org

Relay Races, Hula Hoops and Red Rover Bring Nashvillians Together at Vanderbilt University

Nashville – Sports 4 All Foundation (S4AF) is sponsoring its second annual “Old Fashioned” Field Day event at Vanderbilt University. Field Day is hosted by Kappa Kappa Gamma Sorority and Kappa Sigma Fraternity. The event is Wednesday, March 31, 2010 from 11 a.m. to 1 p.m. at the Sports Club Field on the corner of 25th Ave. and Blakemore.

S4AF’s mission is to improve the quality of life of individuals with disabilities by providing funding, equipment, programming and education to enable full participation in sports and recreational activities. The goal of Field Day is to have fun while exercising and being physically active without realizing it. Field Day offers games of skill, hula hooping, relay races and other team related games for the attendees. It gives all the participants the opportunity to make new friends. Field Day allows the Vanderbilt students to interact with the disabled population, which is a population they would not normally have the opportunity to interact with.

Field Day is an opportunity for local day service facilities serving those with disabilities to come together for a day of fun, recreational activities. This event serves as a “community day” for many of the facilities. It also promotes inclusion within our community.



Aaron Panek and a Kappa Sigma volunteer participate in a potato sack race.

Kappa Kappa Gamma and Kappa Sigma adopted S4AF as their local philanthropy two years ago. The two groups volunteer at other S4AF events, do research for grant opportunities, and sort inventory along with completely putting together this Field Day event.

“We are so excited about hosting Field Day for the second year. We had so much fun last year that we couldn’t wait to do it again,” said Grace Appert, Kappa Kappa Gamma’s philanthropy chairperson, “This year we’re adding more games and providing healthy snacks for everyone to munch on.”

Sports 4 All Foundation accepts new and gently used donated sports equipment and returns it to the community through collaborations with non-profits serving those with disabilities to improve their quality of life. S4AF has provided equipment and funding to 24 agencies in 15 counties serving over four thousand people with disabilities combined. Sports 4 All has assisted over 150 individuals through Project HEALTH, a visiting physical education and wellness program for individuals not receiving services from the Medicaid Waiver program. For more information about getting involved please contact S4AF at 615-354-6454 or email info@s4af.org.

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For more information contact: Janey Smith 615-354-6454 or janey@s4af.org.